

# Lord's Day 41

108. Q. What does the seventh commandment teach us?

A. That all unchastity is cursed by God.  
We must therefore detest it from the heart  
and live chaste and disciplined lives,  
both within and outside of holy marriage.

1. Lev 18:30; Eph 5:3-5.
2. Jude 22, 23.
3. 1 Cor 7:1-9; 1 Thess 4:3-8; Heb 13:4.

109. Q. Does God in this commandment  
forbid nothing more than adultery  
and similar shameful sins?

A. Since we, body and soul,  
are temples of the Holy Spirit,  
it is God's will  
that we keep ourselves pure and holy.  
Therefore he forbids all unchaste acts,  
gestures, words, thoughts, desires,  
and whatever may entice us to unchastity.

1. Mt 5:27-29; 1 Cor 6:18-20; Eph 5:3, 4.
2. 1 Cor 15:33; Eph 5:18.