Lord's Day 45

116. Q. Why is prayer necessary for Christians?

A. Because prayer is the most important part of the thankfulness which God requires of us.

Moreover, God will give his grace and the Holy Spirit only to those who constantly and with heartfelt longing ask him for these gifts and thank him for them.

- 1. Ps 50:14, 15; 116:12-19; 1 Thess 5:16-18.
- 2. Mt 7:7. 8: Lk 11:9-13.

117. Q. What belongs to a prayer which pleases God and is heard by him?

A. First,

we must from the heart call upon the one true God only, who has revealed himself in his Word, for all that he has commanded us to pray.

Second,

we must thoroughly know our need and misery, so that we may humble ourselves before God.

Third,

we must rest on this firm foundation that, although we do not deserve it, God will certainly hear our prayer for the sake of Christ our Lord, as he has promised us in his Word.

- 1. Ps 145:18-20; Jn 4:22-24; Rom 8:26, 27; Jas 1:5; 1 Jn 5:14, 15; Rev 19:10.
- 2. 2 Chron 7:14; 20:12; Ps 2:11; 34:18; 62:8; Is 66:2; Rev 4.
- 3. Dan 9:17-19; Mt 7:8; Jn 14:13, 14; 16:23; Rom 10:13; Jas 1:6.

118. Q. What has God commanded us to ask of him?

A. All the things we need for body and soul, as included in the prayer which Christ our Lord himself taught us.

1. Mt 6:33; Jas 1:17.

119. Q. What is the Lord's prayer?

A. Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as it is in heaven.
Give us today our daily bread.
Forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one,
for yours is the kingdom
and the power
and the glory forever. Amen.

1. Mt 6:9-13; Lk 11:2-4.

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